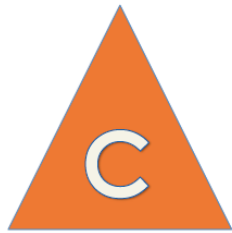


# Core Competencies

## Reflection and Self-Assessment

As you think about number operations, problem-solving strategies and math stories about how quantities change, we have asked you to think about how you will share and present your thinking. This is an important part of developing your competency in Communication.



### Communication

*How do you present and share your mathematical thinking and learning using different forms, such as pictures, numbers, words and symbols?*

Share an example of how you can communicate your understanding of mathematics.

What is an area of communication in your mathematics learning that you would like improve? What could you do to work towards this?