




## Core Competencies Self-Reflection

Core Competency Connections	Reflection Question	Respond in words and/or images with labels.
	What were my partner and I trying to do together?	
	How did I connect, listen, and contribute to our discussion?	
	I used to think...now I think...	
	How did you feel about using an electronic device to communicate with others, and to learn?	
	Rate the difficulty of this activity from 1 to 5. The value, 1, means that the task was very easy, and 5 means the task was very difficult. Explain your ranking.	
	Did you get frustrated at any point in the activity? Explain. Consider some challenges you faced.	
How did you work past the challenge(s)?		